

Tailored business support services for you, your team and your organisation

## About

All organisations have unique challenges which require review and resolution in ways that suit their business needs. Through personalised coaching, thinking preference analysis and tailored workshops, the team at Mind You Services (MYS) supports organisations, teams and individuals to work through challenges, find new perspectives and create sustainable solutions for the future.



## Lynn White

MYS Founder and Director Lynn White has a unique perspective and understanding of team dynamics, leadership and organisational resilience. Lynn's expertise is drawn from her expansive experience in senior executive roles in both the public and private sectors, small business as well as exposure to a variety of industries, including technology and change. In 2021 she established Mind Your Services, bringing together a team of experts to share knowledge and experience with organisations wanting to optimise their performance.

### Our core services include:

- Coaching
- Consulting
- Facilitation
- Recruitment

We also offer the MYS Partner Program, as well as a group leadership training program called The OPS Program, covering operational, personal and strategic domains.

Mind You Services is an accredited facilitator of the Herrmann Brain Dominance Instrument tool, providing deep insight into how you think and operate, how to situationally modify your thinking preferences and how a team with different styles can more effectively work together.

# Coaching

## Coaching can help:

- Provide insights to improve resilience
- You to realise your personal and professional goals
- You and your people better adapt and pivot to organisational challenges

We are on a mission to support and enable you, your team and organisation in resilience and high performance.

We offer internationally accredited individual and group coaching services, available to purchase per session or in packages.

Our coaching services are tailored to you and your people, recognising that there is no one-size-fits-all approach to organisational needs and performance.

## Culture, change and workforce strategy

An inclusive organisation is more successful at attracting and retaining diverse talent, leading to a high-performing workplace culture.

The value of diversity can truly be seen when organisations are equitable, and peers and leaders foster an environment for all.

MYS can coach your emerging and current leaders to better understand the best way to approach the building of high-performing teams and adoption of inclusive behaviours.



Through coaching with MYS I gained a promotion and the confidence to make personal changes.



# Consulting

## Advisory, delivery and review

When working with MYS, you will have access to a range of expertise, including information technology, logistics, intelligence, research, change and human resources experience.

Our people are ex CIOs, analysts, supply chain and event coordinators, situational decision and risk assessors and HR managers. We have strong delivery backgrounds in organisational change and communication. MYS can provide guidance and support in navigating transitions.

## Board and committee advisory services

Does your project or program need an independent sounding board?

MYS can also serve as a trusted audit, committee and/or board member(s).

We are ready to provide advisory services, including an external assurance overlay on projects, programs and audit recommendations and we pride ourselves on our professionalism, discretion, governance and best-practice approach.



## Facilitation

### Your facilitation solution

We facilitate engaging and purposeful planning sessions, designed collaboratively with your leaders, to reach productive outcomes.

Our experienced facilitators run face-to-face sessions in line with organisational goals and budgets for:

- Team building, collaboration and reconnection
- Strategic and business planning days
- Preferred future creation
- Levelling up your leadership

We can host up to 12 people at our office, including catering.

Larger group sessions can be facilitated off-site. We can also travel as needed.

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MYS facilitation services was exactly what our team needed; time away from the office to have robust discussions.

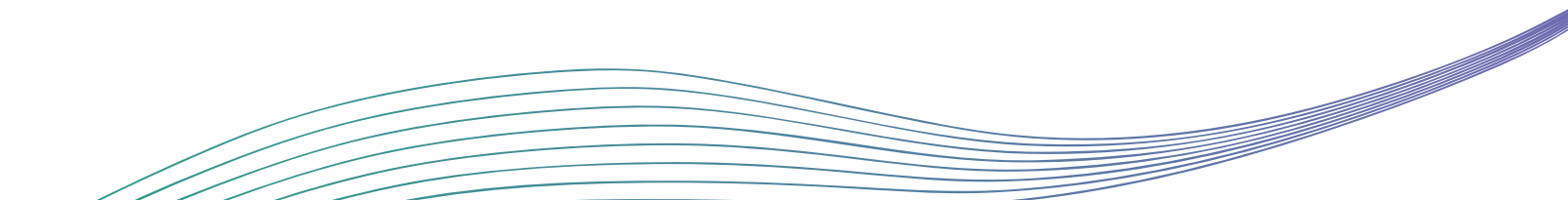
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## Recruitment

Are you seeking exceptional IT contractors or consultants to elevate your delivery, projects or operations?

We recognise the importance of finding the right expertise to drive your IT initiatives forward.

Talk with us to facilitate seamless connections between your organisation and outstanding IT professionals.



## Special programs

### The MYS Partner Program

The MYS Partner Program gives clients access to all our expertise.

You might need us to collaborate with you over the year or over a few months, to work with your people to improve leadership skills, bring them together in preparation and resolution of change, or be a trusted sounding board for specific projects and programs.

Pick and choose which of our services you need and the length for which you need it and we will tailor a package for you.

### The OPS Program

Operational. Personal. Strategic. These three elements come together in The OPS Program – a partnership between MYS and The Expert Leader, a professional training and coaching company working with technical experts and emerging leaders.

Over the course of a three-day intensive workshop or four-month extended program, we help individuals and teams uncover their inner leader.



#### Modules include:

- Your leadership legacy
- Diversity of thought
- Engaging with authority and communicating with influence
- Resilient leadership
- Career planning and networking

Each session is facilitated by leadership experts with significant experience leading and managing teams in IT, program delivery, intelligence and cyber security.

We understand your environment and have practical experience in navigating your challenges.

Ask us for information about our programs, tailored to your organisation's needs.



## The OPS Program is for:

- New and aspiring leaders who want to build the operational, personal and strategic networks that will support you to reach your career goals
- Australian Public Service levels APS5 to EL2
- Private enterprise emerging leaders, especially those who service the public sector
- People who value continuous self-improvement
- Those who enjoy learning within an intimate and supportive community
- Those interested in expanding their network to include aspiring leaders

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The format of the three-day intensive made it easy for me to disengage from work and really focus. Was hard but the intimacy of the small team of eight worked well. The content was practical, discussion open and useful.  
– Defence EL1

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It was eye opening to have access to so many previous SES who ran the program and were open and giving of their experience and advice.

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The extended program made it easier for me as a director to take some time out each month and meet with other execs in open conversation and practical learning.

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## Have a question?

Email the Mind You Services team at [hello@mindyouservices.com.au](mailto:hello@mindyouservices.com.au)